

THE MESSIAH'S TABLE

Episode 2 — The Harvest of Galilee (Clean Fish & Meats)

Marcus

Welcome back to The Messiah's Table. I'm Marcus, joined by Jordan.

Jordan

Today we are discussing proteins—specifically, clean fish and meats. We have Mary calling in from Texas. Mary, go ahead.

Mary

Hi brothers. I love seafood, especially shrimp and oysters. But a friend told me the Bible says we shouldn't eat them. Is that true?

Marcus

Mary, the scriptures are very clear on this. Leviticus chapter eleven, verse nine states: "These shall ye eat of all that are in the waters: whatsoever hath fins and scales in the waters... them shall ye eat."

Jordan

That's right, Mary. This excludes bottom-feeding scavengers like shrimp, crabs, and oysters. Modern biology confirms why this is wise: bottom-feeders act as the ocean's filter system, absorbing heavy metals, bacteria, and microplastics from the seabed.

Marcus

Yes. On the other hand, fish with fins and scales like salmon, trout, and tilapia are clean. They provide clean proteins and heart-healthy omega-three fatty acids. At Walmart, you can get wild-caught salmon for eight dollars and ninety-eight cents.

Jordan

Remember, after His resurrection, Jesus cooked broiled fish on the shore for His disciples. He ate clean fish.

Mary

Wow, that makes biological and spiritual sense. I will stick to clean fish! Thank you.

Marcus

Rest in His wisdom, Mary. God bless you.
